

How to Use Nasaline®



Step 1:

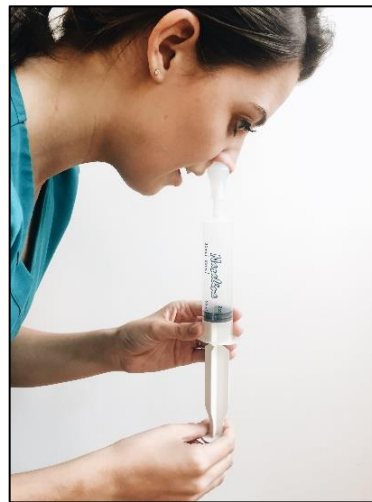
Arrange materials from package. **Carefully read instructions** on prescribed medication label before continuing.

Disclaimer: Your package may not contain some products appearing in this picture.



Step 2:

Fill the medicine cup as directed on your medication bottle. Pull up the specified amount of the medication into the Nasaline® applicator as directed on your medication bottle.



Step 3:

Irrigate sinuses with medication in each nostril as directed.

Technique: Slowly push the solution into the nostril. Breathe normally through the mouth and refrain from swallowing. Occasionally, some solution can trickle down the throat. This is not harmful.

Cleaning: Pull the plunger from the cylinder and wash both parts with warm water and dishwashing detergent. Let air-dry. When not in use, it's recommended you store with the plunger inserted into the cylinder to prevent the rubber tip from swelling. If the plunger does not easily slide back into the chamber, put a drop of olive oil on the plunger's black rubber ring.

Refills: Don't forget, you may have refills! Simply text your name and prescription number to (910) 763-1896 to refill your prescription. Or ask us about auto-refills!

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