

How to Use NasoNeb® Sinus Therapy System



Step 1 : Arrange materials from package. **Carefully read instructions** on prescribed medication label before continuing.

Disclaimer: Your package may not contain some products appearing in this picture.



Step 2 : Place the medication in the NasoNeb® cup as directed on prescription bottle.

Step 3: Tilt your head slightly downward and place the NasoNeb® nozzle into one nostril. Turn the compressor on. After 30 seconds, turn the compressor off and repeat in your other nostril.

Step 4 : Repeat step 3 until the cup is empty or 1 minute has passed.



Take care to aim the NasoNeb® cup straight into your nostril. Do not aim it directly at the septum which divides the two nostrils.

Technique: Tilt your head slightly downward. Breathe through both your nose and mouth with the compressor on. Turn the compressor off when the main canister is empty.

Cleaning: Clean the nasal nebulizer with warm, soapy water after each use. Avoid the use of harsh detergents or cleaning agents. Ensure the compressor is turned off and unplugged and product is disassembled.

Refills: Don't forget, you may have refills! Simply text your name and prescription number to (910) 763-1896 to refill your prescription. Or ask us about auto-refills!