



Drug Information Sheet

Budesonide/Mometasone Nasal Irrigations

Medication:

This compounded prescription contains either Budesonide or Mometasone. Both medications are steroids and are very similar.

Use:

These medications have many uses. These include allergic rhinitis, nasal polyps, nasal congestion, and rhinosinusitis (sinus inflammation).

Side Effects:

Topical medications such as these typically have very few systemic side effects. This is due to very little systemic absorption of the medication. Side effects that may go away during treatment include nose bleeds, sore throat, and nasal irritation. If they continue or are bothersome, the patient should contact their physician.

Precautions:

Although rare, Budesonide or Mometasone may cause an allergic reaction, infection, dizziness, nose bleeds and nasal irritation. Patients should contact their physician if they develop signs of an allergic reaction such as hives, wheezing or tightness in the chest, trouble breathing or swelling of the mouth, face, lips, tongue, or throat. Patients should contact their physician if they experience a fever, chills, a very sore throat, or ear or sinus pain. Patients should contact their physician immediately if they experience dizziness or passing out, bad nose irritation, bad nosebleeds, nose sores, vision changes, a very upset stomach, if they feel very tired or weak, have a whistling sound when they breathe, or have redness or white patching in their mouth or throat. If the patient notices other effects not listed above, they should contact their physician.

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