

PATIENT INFORMATION SHEET

HOW TO USE A NASAL ATOMIZER

INSTRUCTIONS:



1. Arrange materials from the package. **Carefully read the instructions on prescribed medication labeling before continuing.** Disclaimer: Your package may not contain some products appearing in this picture.



2. Add specific amount of medication and saline to medicine cup and fill the syringe
3. Attached the nasal atomizer tip to the syringe by screwing on



4. Place the tip of the atomizer in the nostril. Press the plunger and gently spray half of the mixture into the nostril. Move the device over to the opposite nostril and repeat.

**Medication may flow back out same nostril as instilled. If any solution is swallowed, follow by rinsing mouth/throat with water to avoid irritation.*

REFILLS: DON'T FORGET, YOU MAY HAVE REFILLS. SIMPLY TEXT YOUR NAME AND PRESCRIPTION NUMBER TO (910) 763-1896 TO REFILL YOUR PRESCRIPTION. OR ASK US ABOUT AUTO-REFILLS!

HOW TO MAKE SALINE FOR SINUS IRRIGATION

To Make One Gallon: (all ingredients available at a grocery store)

- 1 gallon of distilled water
- 8 teaspoons sea salt/canning/kosher salt
- 8 teaspoons baking soda

Instructions: Mix all ingredients in a clean container and shake well

An alternative to the above:

- 1 gallon of distilled water
- 16 Sinus Rinse Packets (available at the pharmacy)

Instructions: Mix all ingredients in a clean container and shake well

STORAGE

In most cases, the irrigation solution should be **stored at room temperature** (unless specified otherwise). It should be used for irrigations at body temperature. Before irrigations, if needed, warm the solution by placing one cup of the buffered saline solution in the microwave for 20 – 30 seconds on high. Test the temperature of the solution by placing your finger in it. If the saline feels cool, it is too cold. If the saline feels warm, it is too warm. If you cannot tell, it is body temperature and is good to use.

CLEANING

Wash the atomizer with warm, soapy water. Rinse with clean water. Allow to dry between each use. If clogged, submerge the tip in warm water and pull back on the plunger to release clogged particles. Remove the tip and empty the syringe.

Please fill out our Patient Survey found on our website under the contact menu.

We value your feedback!

Address:

Medical Center Pharmacy
912 S. 16th Street Wilmington, NC
28401

Contact:

(910)763-1896 / (800) 930-8785

Follow us on social media:



@mcspwilmington

